



**DESTINATION JUDO  
ENGLAND**

**ANNUAL REPORT**

**JULY 2016**



# **1. Destination Judo in England: A Summary of 2015-2016**

**This has been a busy year for Destination Judo in the North East of England, where 384 children do judo every week in 6 Destination Judo clubs.**

**With the support of the School Sports Partnership and School Games Organisers, we delivered 340 free judo tasters this year to schools in the North East and estimate we taught just under 10,000 children.**

For every child interested in learning more, we offered another free lesson at the local Destination Club, and then a free Adidas judo suit, retailing at £40, to every child who joined up.

We did 3 gradings this year to allow children to progress through their belts.

And we ran 2 rumbles. These complement the more traditional judo tournaments. They are festivals for children who have never competed before, giving them the chance to show off their skills to families and friends.

We have 73 children in our Squad classes – a good number of whom are now winning Grand Prix events and British championships.

We continue to support our chosen charity and this year raised £17,000 in a charity cycle ride in Peru and sponsored throw.

**If we add the Destination Judo Scotland and Destination @ British Judo figures into the mix, we introduced an estimated 110,000 school children in Scotland and the North East of England to the sport of judo this year. We teach over 3,500 children every week and have more than 200 children in our various squad classes.**

All in all, it's been a busy and demanding year. For me, the real theme has been the competitive success of children who joined via the SSP/Active Schools programme, and who are now shining at the highest level.

And really, none of this would have been possible without the fantastic support of all of the School Sports Managers and Co-ordinators, and the School Games Organisers.

Thank you.

Marc Preston, 6<sup>th</sup> Dan



## 1. Introduction

This report sets out what we have jointly achieved with the School Sports Partnership and School Games Organisers in the North East of England.

The areas that are common to all Regions are summarised at the front of the report and then we have included the specific reports for each area, setting out the tasters delivered/schools visited and club sizes. We have also listed any specific events or achievements for the areas.

## 2. Tasters and Early Days

Tasters are a great way of letting children experience judo for the first time. They provide a win:win scenario. Schools can access high quality sports tuition for free and we can showcase the benefits of the sport and promote the local Destination Judo Club. For each child interested in learning more, we provide another free lesson at the local DJ club, and a free Adidas kit, retailing at £40.

This year, we visited 39 schools to generate interest for our clubs.

Once the children have joined, we use certificates for player of the month, bonus stickers to reward special effort (eg: best throw, best effort etc). We also have an attendance booklet which children have stamped t win small prizes. And a Kano Club (stickers and poster system) for the younger children.

We also have regular Coach2Coach sessions where we discuss new ideas and formats to keep children motivated and our teaching fresh.

## 3. Progression and Competition

We run 3 gradings a year to allow children to progress and to win new grades and belts. These are run in conjunction with the British Judo Association.

We also have squad classes, where children who show aptitude and want to take their sport to the next level, can train, learn competitive techniques and start to compete in tournaments. There are 24 children in the Squad who compete every six weeks or so. They are now building confidence, winning medals and doing well in tournaments.

The photos below show our medallists at a recent North East event.



We also regularly run 'Super Squads', where children from every Destination Judo Region come together as a group at Scotland's National Dojo (Ratho) to practice and hone competitive skills. Twice a year, they're joined by our squads from England.



#### **4. Judo Festival**

A Rumble is a tournament aimed at children who have never fought competitive judo before and is designed to be an introduction to competition, where children compete in teams and gold, silver or bronze medals are won by all. Every child receives a certificate and healthy snack courtesy of Destination Judo and the SSP/Schools Games Organisers. And the day gives our newer children a chance to show-off their skills to families and friends. This year we ran 2 Rumbles – one in October in Darlington, and another in April for Durham/Sedgefield. Both events were very successful and each attracted around 130 and their families.



## 5. People

I continued this year in my role as Vice-Chairman Judo Scotland.

Danny Alessandro continued to develop Destination Judo in Darlington, Sedgefield and Chester-le-Street in his first full year as Junior Partner.

And Carol-Anne Malloy held it all together in the Office and helped us to introduce the new GoCardless fees management system.

## 6. **Charity – ‘The Peru Challenge’**

In October, 3 coaches (Marc Preston, Mark Poole and Colin Woods) plus 3 judo dads, set ourselves the challenge of raising money for charity by cycling through Peru. We started from Machu Picchu and cycled through the Andes, before going down into the Amazon basin. The trip took 6 days, starting at 2800m altitude and ending up in the rainforest. We paid for the trip ourselves and the children and their families supported us via sponsorship. After the event the children joined in by having a ‘sponsored throw re-cycle’.

In the end, we raised £17,000. Half of the money has gone towards the building of a second orphanage in Tanzania for another 30 children. And the other half has gone towards the Nicola Murray Foundation – a charity very close to the heart of one of our Fife judo families. In fact, thanks in part to the efforts of the judo children and their families, the Nicola Murray Centre for Ovarian Cancer Research opened in May at the Western General Hospital in Edinburgh. It will aim to advance understanding of the disease so that patients – normally young women – can be offered the most effective treatment.



nicola murray foundation

## 7. 2016-2017 Next Steps

Before firming up on plans and schedules for the next Academic year we would like to discuss priorities, resource and key areas of focus. We'll be in touch soon to set up a meeting. We've enjoyed working with the SSP and School Games Organisers and are achieving some great results. Thank you very much for your ongoing support.

**Marc Preston, 6<sup>th</sup> Dan**

## **SECTION 2: AREA REPORTS**

- **Darlington**
- **Chester le Street**
- **Newton Aycliffe**

## **A. Junior Judo Development in Darlington**

This year we provided 80 free taster sessions to children in 8 Darlington schools. In agreement with the School Games Organiser, these were all in the Harrowgate Hill area. For all those interested in learning more, this was followed by a free introductory session at the nearest community club. And, an Adidas judo kit, retailing at £40, was provided free to every child who subsequently joined.

<b>Schools Visited</b>
Corporation Road
Gurney Pease
Northwood
Red Hall
Reid Street
Springfield
St Bedes
Whinfield

We currently have 4 community clubs where 232 children practice judo on a regular basis.

Cockerton	(60)
Harrowgate Hill	(45)
Hummersknott	(70)
St Augustines	(57)
TOTAL	232

Around 32% are girls, and all children are aged 5 – 14



- **Retention**

As well as the certificates/stickers for the younger children, we have also introduced a monthly strength and conditioning session (45 mins judo/45 mins gym work) in addition to normal classes. Originally this was intended as an additional session for the squad players. However, it works really well as a retention tool for our teenage members. The sessions have been relocated to the Eastbourne Sports Complex where the full sized outdoor running track is perfect for cardiovascular training.

## **B. Junior Judo Development in Chester-le-Street**

From March – June 2016 we provided 140 free judo taster sessions to around 3,900\* schoolchildren in 19 CLS schools. This was followed by a free introductory session at the nearest community club to all of those who were interested. Every child who subsequently joined via the Program was given a free Adidas judo kit (retailing @ £40).

*(\*based on an estimated average of 28 children per class).*

<u>Schools visited:</u>
Beamish
Bournemoor
Bullion Lane
Cestria
CLS CofE
Edmondsley
Langley Park
Lumley Juniors
Newker
Ouston Infants
Ouston Juniors
Pelton
Redrose
Roseberry Primary
St Benets
St Cuthberts
West Pelton
Witton Gilbert
Woodlea

105 children now participate in judo on a weekly basis in our club in CLS. This is similar to last year and we are pleased to have managed to retain numbers in challenging economic times.

33% are girls

And all children are aged 5 – 15



## C. Junior Judo Development in Newton Aycliffe

We have had a busy and productive year. We provided 120 free taster sessions to around 3,350 children in Newton Aycliffe. This was followed by a free introductory session at the community club to all of those who were interested. And, every child who joined via the Programme was given a free Adidas judo kit (retailing at £40).

(\*based on an average of 28 children per class).

**Coach: Danny Alessandro**

Mon 4th Jan	Tuesday 5th Jan Timothy Hackworth	Wed 6 <sup>th</sup> Jan Timothy Hackworth	Thursday 7th Jan Timothy Hackworth	Friday 8th Jan St Johns
Mon 11th Jan	Tuesday 12th Jan Vane Road	Wed 13th Jan Vane Road	Thursday 14th Jan Vane Road	Friday 15th Jan Thornhill
Mon 18 <sup>th</sup> Jan	Tuesday 19th Jan Byerley Park	Wed 20th Jan Woodham Burn	Thursday 21st Jan Woodham Burn	Friday 22nd Jan Woodham Burn
Mon 25 <sup>th</sup> Jan	Tuesday 26 <sup>th</sup> Jan St Marys	Wed 27 <sup>th</sup> Jan Sugar Hill	Thursday 28 <sup>th</sup> Jan Sugar Hill	Friday 29th Jan Sugar Hill
Mon 1st Feb	Tuesday 2nd Feb Walworth	Wed 3rd Feb	Thursday 4th Feb Aycliffe Village	Friday 5th Feb Evergreen
Mon 8 <sup>th</sup> Feb	Tuesday 9th Feb Stephenson Way	Wed 10th Feb Stephenson Way	Thursday 11th Feb Stephenson Way	Friday 12 <sup>th</sup> Feb St Josephs

47 children now participate in judo on a weekly basis in Destination Judo clubs in Newton Aycliffe

Circa 30% are girls and all children are aged 5 – 15

